



Idaho *EMS* Bureau

First Responder

Course Outline and Planning Guide

Textbook _____ Edition _____

Lesson	Ch	Content	#Hours	Day / Date(s)	Instructor(s)
Lesson # (hrs.)		Module 1: PREPARATORY			
1-1 (1.0)		Introduction to EMS Systems			
1-2 (1.0)		Well –Being of the First Responder			
Skills for lesson 1-2		Use appropriate infection control and protective equipment. Complete/disinfecting cleaning and documentation.			
1-3 (1.5)		Medical/Legal and Ethical Issues, Including Idaho Specific Regulations			
1-4 (1.0)		The Human Body			
1-5 (1.0)		Lifting and Moving Patients			
Skills for lesson 1-5		Practice emergency moves; non-emergency moves; positioning of patients with different conditions; using equipment for lifting and moving patients			
1-6 (1.0)		Evaluation: Preparatory			
		Written Competency Evaluation: Preparatory module based on cognitive and affective objectives			
		Skills Competency Evaluation: Preparatory Module based on psychomotor objectives			
		Enrichment and Remediation			
(6.5)		Total Hours for Module 1			

Lesson	Ch	Content	# Hours	Day / Date	Instructor(s)
Lesson # (hrs.)		Module 2: AIRWAY			
2-1 (4.0)		Airway Management			
Skills for lesson 2-1		Students will perform and demonstrate the following: Head tilt chin lift, jaw thrust, suctioning. Ventilation with mouth to mouth, mouth to mask, BVM, stoma. Use of oral & nasal airways, correct operation of oxygen tanks and regulators, utilize non-rebreather masks & nasal cannulas, Demonstrate artificial ventilation and oxygen administration to infants & children			
2-2 (4.0)		Airway Practical Skills Lab			

Lesson	Ch	Content	# Hours	Day / Date	Instructor(s)
Skills for lesson 2-2		Students will develop competency at the following : Head tilt chin lift, jaw thrust, suctioning. Ventilation with mouth to mouth, mouth to mask, BVM, stoma. Use of oral & nasal airways, correct operation of oxygen tanks and regulators, utilize non-rebreather masks & nasal cannulas, Demonstrate artificial ventilation and oxygen administration to infants & children			
2-3 (2.0)		Written Competency Evaluation: Airway Module based on cognitive and affective objectives			
		Practical Competency Evaluation: Based on Psychomotor objectives of Module 2			
		Enrichment and Remediation			
(10)		Total Hours for Module 2			

Lesson	Ch	Content	Date(s)	Day / Date	Instructor(s)
Lesson # (hrs.)		Module 3: PATIENT ASSESSMENT			
3-1 (3.0)		Patient Assessment			
3-2 (3.0)		Practical Lab: Patient Assessment			
Skills for lesson 3-2		Demonstrate techniques for assessing: Mental status, airway, breathing, pulse, external bleeding, Skin color & temperature, capillary refill in infants & children. SAMPLE history, Baseline vital signs, Demonstrate ability to prioritize patients.			
3-3 (2.0)		Evaluation: Patient Assessment			
		Written Competency Evaluation: Patient Assessment; based on cognitive and affective objectives			
		Practical Competency Evaluation: Based on Psychomotor objectives of Module 3			
		Enrichment and Remediation			
(8)		Total Hours for Module 3			

Lesson	Ch.	Content	# Hours	Day / Date(s)	Instructor(s)
Lesson # (hrs.)		Module 4: CIRCULATION			
4-1 (4.0)		Circulation			
Skills for Lesson 4-1		Practice assessment and emergency medical care of a patient in cardiac arrest; airway management; transportation; application & operation of AED; AED maintenance; documentation of patient response to AED			
4-2 (5.0)		Practical Lab: Circulation			

Lesson	Ch.	Content	# Hours	Day / Date(s)	Instructor(s)
Skills for lesson 4-2		Assessment and emergency medical care of a patient in cardiac arrest; airway management; CPR; transportation; application & operation of AED; AED maintenance; documentation of patient response to AED			
4-3 (2.0)		Evaluation: Circulation			
		Written Competency Evaluation: Based on objectives of lesson 4-1			
		Practical Competency Evaluation: Based on Psychomotor objectives of Module 4			
		Enrichment and Remediation			
(11)		Total Hours for Module 4			

Lesson	Ch.	Content	# Hours	Day / Date(s)	Instructor(s)
Lesson # (hrs.)		Module 5: ILLNESS AND INJURY			
5-1 (1.0)		Medical Emergencies			
Skills for Lesson 5-1		Demonstrate providing emergency care to a patient with; general complaint; altered mental status; seizures; exposure to cold; exposure to heat; behavioral changes; psychological crisis			
5-2 (1.5)		Bleeding and Soft Tissue Injuries			
Skills for Lesson 5-2		Demonstrate the proper use of; direct pressure; diffuse pressure; pressure points; Care of internal bleeding, soft tissue injuries, open chest wound, impaled object, amputation, care of the amputated part			
5-3 (1.5)		Injuries to Muscles and Bones			
Skills for Lesson 5-3		Demonstrate emergency medical care for a patient with painful, swollen, deformed extremities. Demonstrate opening the airway of a patient with suspected spinal cord injury; Demonstrate assessment and stabilizing of the cervical spine			
5-4 (1.5)		Practical Lab: Illness and Injury			
Skills for Lesson 5-4		Demonstrate providing emergency care to a patient with; general complaint; altered mental status; seizures; exposure to cold; exposure to heat; behavioral changes; psychological crisis. Demonstrate the proper use of; direct pressure; diffuse pressure; pressure points; Care of internal bleeding, soft tissue injuries, open chest wound, impaled object, amputation, care of the amputated part. Demonstrate emergency medical care for a patient with painful, swollen, deformed extremities. Demonstrate opening the airway of a patient with suspected spinal cord injury; Demonstrate assessment and stabilizing of the cervical spine			
5-5 (2.0)		Evaluation: Illness and Injury			

Lesson	Ch.	Content	# Hours	Day / Date(s)	Instructor(s)
		Written Competency Evaluation: Trauma , based on cognitive and affective objectives.			
		Practical Competency Evaluation: Based on Psychomotor objectives of Module 5			
		Enrichment and Remediation			
(7.5)		Total Hours for Module 5			

Lesson	Ch.	Content	Date(s)	Day / Date(s)	Instructor(s)
Lesson # (hrs.)		Module 6: CHILDBIRTH AND CHILDREN			
6-1 (1.0)		Childbirth			
Skills for Lesson 6-1		Demonstrates steps for cephalic delivery; care of the fetus; delivery of placenta; post-delivery care of mother; care of the newborn			
6-2 (2.0)		Infants and Children			
Skills for Lesson 6-2		Demonstrates assessment of the infant and child			
6-3 (1.0)		Practical Lab: Infants and Children,			
Skills for Lesson 6-3		Demonstrates steps for cephalic delivery; care of the fetus; delivery of placenta; post-delivery care of mother; care of the newborn. Demonstrates assessment of the infant and child			
6-4 (2.0)		Evaluation: Infants and Children			
		Written evaluation of cognitive and affective objectives of Module 6			
		Practical Competency Evaluation: Based on Psychomotor objectives of Module 6			
		Enrichment and Remediation			
(6)		Total Hours for Module 6			

Lesson	Ch.	Content	# Hours	Day / Date(s)	Instructor(s)
Lesson # (hrs.)		Module 7: EMS OPERATIONS			
7-1 (2.0)		EMS Operations			
Skills for Lesson 7-1		Perform triage of a mass casualty scenario			
7-2 (1.0)		Written Competency Evaluation: Operations, based on cognitive and affective objectives.			
Skills for Lesson 7-2		Practical Competency Evaluation: Based on Psychomotor objectives of Module 7			
		Enrichment and Remediation			

Lesson	Ch.	Content	# Hours	Day / Date(s)	Instructor(s)
(3)		Total Hours for Module 7			
(52)		Total Classroom Hours			